Body Fluids

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| **Body-Fluids** | **Aspect** | **Mean** | **Indicates** | **Nature** | **Circulate with** | **Movement** | **Control** | **Function** | **Manifests** |
| Jin | Fluids | Moist or ‘saliva’ | Anything liquid | Clear, light and thin-watery | Defensive qi in the exterior (skin and muscles) | Relatively Quickly | Under control of lungs and upper burner | Moisten and nourish the skin and muscle | Sweat, Tears, saliva and mucous |
| Ye | Liquid | Fluid | Fluids of living organisms (e.g. those found in fruits) | Turbid, heavy and dense | Nutritive qi in the interior | Relatively slowly | The spleen and kidney of the middle and lower burner | Moisten the joints, spine and bone marrow, as well as lubricate the orifices of the sense organs |  |